

GRANOLA MIX (NON-DAIRY)



Granola makes for a fantastic breakfast option. In addition to protein and fiber, you get a good amount of iron from Granola, as well as some potassium and calcium. This mix contains a delicious and inviting Granola blend and is dairy free.

Ingredients:

Granola [Rolled Oats, Vegetable Fats and Oils [Palm fruit, TBHQ], Golden syrup, Brown sugar, Salt] (87%), Oat Flour, Sugar, Maltodextrin, Soy milk [Maltodextrin, Vegetable Fat (Palm Fruit, Antioxidant BHA), Emulsifier (E471), Soy Protein, Stabilizer (E452), Anticaking agent (E551)], Thickener: Xanthan Gum (E415), Salt, Cloudifier, Flavouring.

Nutritional Information	Per 100 g
Energy - kJ / kcal	1714 / 410
Fat (g)	14.7
Of Which: Saturated (g)	5.5
Carbohydrates (g)	59
Of Which: Sugar (g)	16.5
Fiber (g)	10.4
Protein (g)	8.8
Sodium (mg) / Salt (g)	120 / 0.3

Allergens: Gluten, Soy.

Warning Statement: Warning this product has been packaged in a factory that uses Soybean, Peanuts, Sulphur Dioxide, Tree Nuts [Almonds, Cashews, Hazelnuts], Egg, Fish & Sesame Seeds.

Instructions: Add 125ml to 150ml cold water to product until your desired consistency is met.

Shelf Life:

- Minimum 60 months at 25 °C.
- Shelf life is reduced to 12 months if stored in 37 °C.
- Shelf life is reduced to 6 months if stored in above 37 °C.

• **Packaging - Type XII** (Polyester/Aluminium/Polypropylene or Copolymer of Propylene/Ethylene (With Press Seal)) + Nylon.



Legend:

- Carbohydrates - 59%
- Fat - 14.7%
- Protein - 8.8%